

Office Carbon Calculations: Summary Sheet for UK business

Building Type	Office type 3 Air-o	conditioned Standa	ard (CIBSE, 2000)		1			
							1	
							l	
							1	
Floor Area								
1 1001 71100	Total 2	2000m²	Assumed treated[1] area 1800m2					
Gas	97	kWh/m2	CIBSE Guide F (Good Practice)					
Consumption	91	KVVII/IIIZ		OIDOL Guide I	(Good Flactice)			
Electricity Consumption	128	kWh/m2	CIBSE Guide F (Good Practice)					
Gas/CO ₂								
Conversion	0.18385	kgCO2/kWh	GHG Reporting Factors 2019					
factor								
Electricity/CO ₂	0.04500	1	CHC Penarting Factors 2010 (also + TSD + WITT)			\A/TT\		
Conversion	0.31598	kgCO2/kWh	GHG Reporting Factors 2019 (elec + T&D + WTT)			· wii)		
Petrol/CO ₂	2 20004	les CO2/libra	GHG Reporting Factors 2019					
Conversion	2.20904	kgCO2/litre	GnG Reporting Factors 2019					
Travel modes	Car	Car - passenger	Bus	Rail	Underground	Walking	Bicycle	
No. of trips per	159	21	24	20	9	32	11	NTOOMO
person per year	F00/	00/	00/	70/	20/	400/	40/	NTS0412
Share of trips No. of miles per	58%	8%	9%	7%	3%	12%	4%	
commuting	10	7.7	5.3	20.4	9.7	0.9	3.3	https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attach
journey		l ''	3.3	20.4	3.7	0.3	3.5	ment_data/file/657839/commuting-in-england-1988-2015.pdf
No. of miles per								
commuting	20	15.4	10.6	40.8	19.4	1.8	6.6	
journey(return)							1	
Weighted	19.46333333			34.15862069				

[1] The treated floor area is the gross areas less plant rooms and other areas (e.g. stores, covered car parking, and roof spaces) not directly heated, cooled or lighted),

The calculations used in this study have drawn upon accepted energy demand benchmarks set out in the Energy Consumption Guide: Energy use in Offices[1] a document produced by the Chartered Institution of Building Services Engineers (from this point onwards this document will be referred to as ECON, 19). This guide sets energy consumption benchmark figures in relation to four generic types of offices. These range from naturally ventilated cellular offices to prestige air-conditioned spaces. For the purposes of this study the 'airconditioned, standard' office type was chosen which is managed using good practice. Good practice means that the energy consumption is being managed well however there is still scope for further cost-effective savings.

ECON 19 provides the best snapshot of the energy requirements of a typical air-conditioned building. These figures take into consideration energy demand for heating, cooling, fans, pumps, humidification, lighting, office equipment, and catering therefore providing an accurate estimation of the total annual energy demand per square meter.

Staff Travel

These figures represent national average commuting figures as compiled by National Statistics and the Department for Transport, 2003[1]. The average miles per gallon figures were taken from studies produced by the Department for Transport and National Statistics[2]. In the absence of actual data national average data represents the most accurate way of modelling the travel carbon emissions. The total number of travel days made annually per employee was calculated to be 231. This figure takes into consideration weekends, annual leave and public holidays.

Finally the carbon dioxide figures, in relation employee travel were also calculated using DEFRA 2005[3] figures

- [1]National Statistics and Department for Transport. Travel to Work in GB Available at http://www.dft.gov.uk/
- [2] National Statistics and Department for Transport (2006). Energy and the Environment. Available at http://www.dft.gov.uk/
 [3] The Department for Environment, Food and Rural Affairs (2005) Guidelines for Company Reporting on Green House Gas Emissions. Available at http://www.defra.gov.uk/

Building Type	2 bed flat, with two external walls		
	,	25m2 space	
	80m ² average flat		
	_	the working	
Floor Area	size		
		day[1]	
Gas	100	kWh/m2	
Consumption			https://www.ukpower.co.uk/home_energy/average-energy-bill
Electricity	25	kWh/m2	
Consumption			https://www.ukpower.co.uk/home_energy/average-energy-bill
Gas/CO ₂			
Conversion	0.18385	kgCO2/kWh	
factor			
Electricity/CO ₂			
Conversion	0.31598	kgCO2/kWh	
PC Energy	150	w	Populary 90 450 person ground 35W https://www.goo.grg.uk/advise/advise.and.gupnost/hou.mush.elastrisity.am.i.using
consumption			Desktop - 80-150, screen around 35W https://www.cse.org.uk/advice/advice-and-support/how-much-electricity-am-i-using
Small Power	_		
Energy	5	w	
Consumption			(CIBSE, 2000) (This represents the energy consumption of other general office equipment)
Hours of			
Operation	1920	hours per annum	
			(Calculated based on a 5 day working week, 10 hour working day, 48 working weeks per year)

The floor area, gas and electricity consumption figures are based on best practice guidelines. Best practice consumption guidelines give outline annual energy consumption figures. These figures, which are taken from large studies, reflect summer and winter conditions The floor area under consideration was reduced from 80m² to 25m² to reflect the area for the home actually used during the working day. This is important as considering the whole flat area would inflate the carbon dioxide figures therefore reducing the accuracy of the study. The number of operational hours was calculated based on employees working 48 weeks per year, 5 days per week and 10 hour days, to reflect employee annual leave and public holidays. PC and small power energy consumption figure are based on benchmark values calculated by the Chartered Institution of Building Services Engineers. Gas and Electricity conversion factors are the same as those utilised in the Scenario A

Building Type	2 bed flat, with two external walls				
Floor Area	80m² average flat size				
Gas	100	kWh/m2			
Consumption	100				
Electricity	25	kWh/m2			
Consumption	23				
Gas/CO ₂					
Conversion	0.18385	kgCO2/kWh			
factor					
Electricity/CO ₂	0.04500	kgCO2/kWh			
Conversion	0.31598				
PC Energy	150	w			
consumption	150				
Small Power		w			
Energy	5				
Consumption					
Hours of	1920	hours per annum			
Operation	1920				

This scenario uses the same input data and assumptions as Scenario B. The only difference is the entire floor area (80m²) of the two bedroom flat is assumed to be 'treated' (i.e. total floor area which is cooled, heated and lighted). Scenario C therefore represents the CO₂ footprint of homeworking employees who heat and light their entire flat during their working day and not just the rooms in which they occupy.